



Disney FROZEN

THE WEST END MUSICAL

SENSORY SYNOPSIS

A GUIDE TO THE LIGHTS, SOUNDS & EMOTIONAL TRIGGERS

This guide is intended to help you prepare for Frozen the musical. The aim is to warn you of any moments with loud noises, flashes of light, sudden or surprising movements or heightened emotion. The information below is a descriptions of what happens at key points in the production.



This icon appears when we are alerting you to moments that might be perceived as sad.



This icon appears when we are alerting you to moments that might be emotional.



This icon alerts you to moments that might shock or surprise you, such as loud noises or sudden movements.



This icon appears when there are flashes of light or sudden lighting changes.

ACT ONE

Scene	Sensory	Emotional
SCENE 1: Summer Festival		
SCENE 2: Young Anna & Elsa's bedroom	Flash as Elsa throws magic at Anna's bed in play - volume & flash. Anna screams. ⚡ Loud sounds as the walls become icy. ⚠️	Warning of flash. 😬 Warning of peril to Anna. Calling the Hidden Folk - warning that it gets dark and as bright green eyes appear in the window, it is ominous but they're friendly.
SCENE 3: Castle Hallways/Elsa's bedroom	Sea/Drowning Scene - Thunder music crescendo, lightning/flashing. ⚡ ⚠️	Sea/Drowning Scene - warning of peril/sad. 😞
SCENE 4: Anna's Bedroom on Coronation Day	Loud delighted squealing. ⚠️	
SCENE 5: Castle Courtyard		
SCENE 6: Castle Chapel	Bell tolling – high volume. ⚠️ Drums, symbols – high volume.	Chanting/anointing may be ominous. 😞
SCENE 7: Castle Ballroom	Music volume is loud here, very high-pitched singing. ⚠️	Warning of argument/peril. 😞
Scene 7a: Argument	Ice shoots from Elsa's hands accompanied by loud sound effects. ⚠️	Warning surprise. 😬
Scene 7b: Elsa Flees	Loud music and sudden sound as ice-cracks. ⚠️ Impressive high-pitched singing. 'Boom' reverb of ice-cracks.	Warning of peril. 😬
SCENE 8: Foot of the Mountain		Warning of peril to Anna and Kristoff. 😬
SCENE 9: Winter Wonderland		
SCENE 10: Castle Courtyard		Warning of peril. 😬
SCENE 11: North Mountain	Loud volume, flashes, booms. ⚡ Warning of strobe lighting. ⚠️ Strobe at very end of scene with sudden blackout. ⚠️	Emotionally moving, well known, song. 😞

ACT TWO

Scene	Sensory	Emotional
ENTR'ACTE Orchestra		
SCENE 1: Wandering Oaken's Trading Post and Sauna		
SCENE 2: Elsa's Ice Palace	Magic/Storm - loud volume. Flashing lights. Booming sound effects and sudden crashing. Flash and sudden blackout at the end of scene.	Warnings noise and peril. Accidental attack on Anna.
SCENE 3: Foot of the North Mountain		Olaf is scattered – peril to Olaf.
SCENE 4: Liminal World	Echoing – loud volume	Warning - Hidden Folk are a little ominous and scary. Peril to Anna.
SCENE 5: Mountain Pass	Booms/beats/reverb in this scene.	"Hunting" scene - ominous
SCENE 6: Elsa's Ice Palace	End of "Monster" song very loud.	Monster song – scary. Peril to Elsa.
SCENE 7: Arendelle Gates		
SCENE 8: Castle Library		Hans is mean!
SCENE 9: Whiteout/Thaw	Loud volume includes music, thunder, ice-cracks. Projections & flashes. Flash and sudden blackout at the end of scene.	Peril to Anna. Hans is mean! Peril to Elsa.